



What to Bring/What Not to Bring

What to Bring:

- Two Weeks' worth of clothes (Shirts, Pants, Jackets, Church Clothes, ETC.)
- Toiletries (Shampoo, Toothpaste, Towels, Deodorant, ETC.)
- Alarm Clock
- Medications – with a refill
- Twin Size Sheets
- Pillow
- Calling Card (if calling non-local numbers)
- Two forms of I.D.
- Spending Money (will be locked in office)

What Not to Bring:

- Drugs/Alcohol
- Energy Drinks
- Weapons (This includes pocketknives or box cutters)
- Electronics (Cell Phones, Laptops, ETC.)
 - If brought, will be stored away at the office
- Jewelry (Only wedding rings or watches are allowed)
- Unapproved Clothing (alcohol/drug related, bad language or designs)
- Sexual magazines or reading material
- Non-prescription medication (OTC medications such as Melatonin, cold medicine, etc.)
- Any Nasal Spray
- Benadryl

